

RESIDENTIAL REDESIGN

Foundational Concepts & Elements of Transformation

Redesign and Healthcare Reform

- All of healthcare is driving towards redesigning the way services are delivered
- The goal of this redesign is to reduce unnecessary costs, improve quality, and improve access to services
- The redesign of Medicaid services in NY state presented OASAS providers with an opportunity to infuse intensive residential treatment with Medicaid funding, enrich staffing, and enhance residential services within the continuum of care

The Redesign Vision

- Residential services that provide a continuum of care, able to meet individual patient needs within the residential setting
- A residential continuum of care includes services for patients beginning opioid treatment who are experiencing mild withdrawal or significant urges or cravings that cannot be managed in an outpatient setting or who have mental health symptoms that are not stable
- Currently, many of these individuals today are served in higher levels of care (i.e., hospital detoxification units) than is necessary or lower levels of care (i.e., outpatient clinic) than is successful

Features of the Redesign

- This model is person-centered, recovery-oriented, strength-based, trauma-informed. The overall redesign goals are to:
 - Match individuals to the elements of care that best meet their needs
 - Offer evidence-based and measurement-based care
 - Set and prioritize individual goals
 - Move people toward community of origin

Key Concepts

- Move from program driven to participant driven
- Measurement-based care – treatment is driven by individualized assessments using validated tools
- Flexible lengths of stay – elimination of standardized length of stay
- Universal availability of medication assisted treatment within the three elements of residential service. Integration of medical, mental health and clinical services.
- Welcoming of families into the treatment process – education, support, and therapy
- Utilization of data sources to assess program quality and performance improvement opportunities

Benefits of Residential Redesign

- Enhanced staffing
- New funding streams
- Additional referral sources
- Improved engagement and retention
- Reaching underserved populations
- Filling gaps within the existing system
- Parity within the integrated healthcare system

Residential Redesign: Elements of Treatment

- Residential redesign will incorporate **three** elements of treatment:
 - **Stabilization**: Individuals will be treated for mild to moderate withdrawal symptoms and will receive medically-directed care to treat acute problems and adjust to early recovery
 - **Rehabilitation**: Individuals will learn to manage recovery within the safety of the program
 - **Community Reintegration**: Individuals will actualize skills developed in treatment and access resources/services within their community

Preliminary Conversation Process

- **Step One – Assessing your program’s current:**
 - Demographics
 - Staffing Configuration
 - Physical Plant
 - Connection/Linkages to the community (mental health, medical, and other recovery-oriented support services)

Preliminary Conversation Process

- **Step Two – Understanding the model:**
 - Describe the organization’s overall treatment philosophy, goals, objectives, and outcomes for each proposed element:
 - What are the services offered in each element?
 - What is the staffing pattern in each element?
 - What is the format for supervision (process, expectations, outcomes)?
 - Describe the admission criteria and process for each element (measurement-based care tools)

Preliminary Conversation Process

- **Step Three – Current and future delivery of the elements:**
 - What does/will your program offer and how does this fit within the continuum of services offered in your region/county?
 - Would a different/additional element allow you to broaden your services to serve current patients better and/or attract new patient groups?

Resources

- New York State Office of Alcoholism and Substance Abuse Services, Residential Re-Design Readiness Guide:
 - <http://ctacny.org/sites/default/files/residential-readiness-guide.pdf>
- OASAS Website:
 - <https://www.oasas.ny.gov/ManCare/BHO/ResidentialRedesign.cfm>
- Contact:
 - PICM@oasas.ny.gov
 - casainfo@centeronaddiction.org



The National Center on
Addiction and Substance Abuse

www.centeronaddiction.org