



**Department
of Health**

**Office of
Health Insurance
Programs**

Children's Health Homes: Training on Complex Trauma Determination

**Presented by: Heather Allen, LMSW, NYS DOH
Meg Baier, LMSW, McSilver Institute, NYU**

Our Agenda

- **Welcome & Introductions**
- **Topics to Cover:**
 - Workflow Review
 - Licensed Professionals who can complete the CTEA and Determination Form
 - Role of Health Home and CMA

Housekeeping

- **Material that has been taken from 3 in person trainings offered:**
 - **Albany, NY- 2/21/17**
 - **Rochester, NY- 2/23/17**
 - **New York, NY- 2/27/17**
- **Material is current as of the date of the recording April 28th, 2017**

NY State Department Of Health Children's Health Home Team



Department of Health

Overview of Complex Trauma in New York State



Workflow Review

Process to Determine Health Home Complex Trauma Eligibility

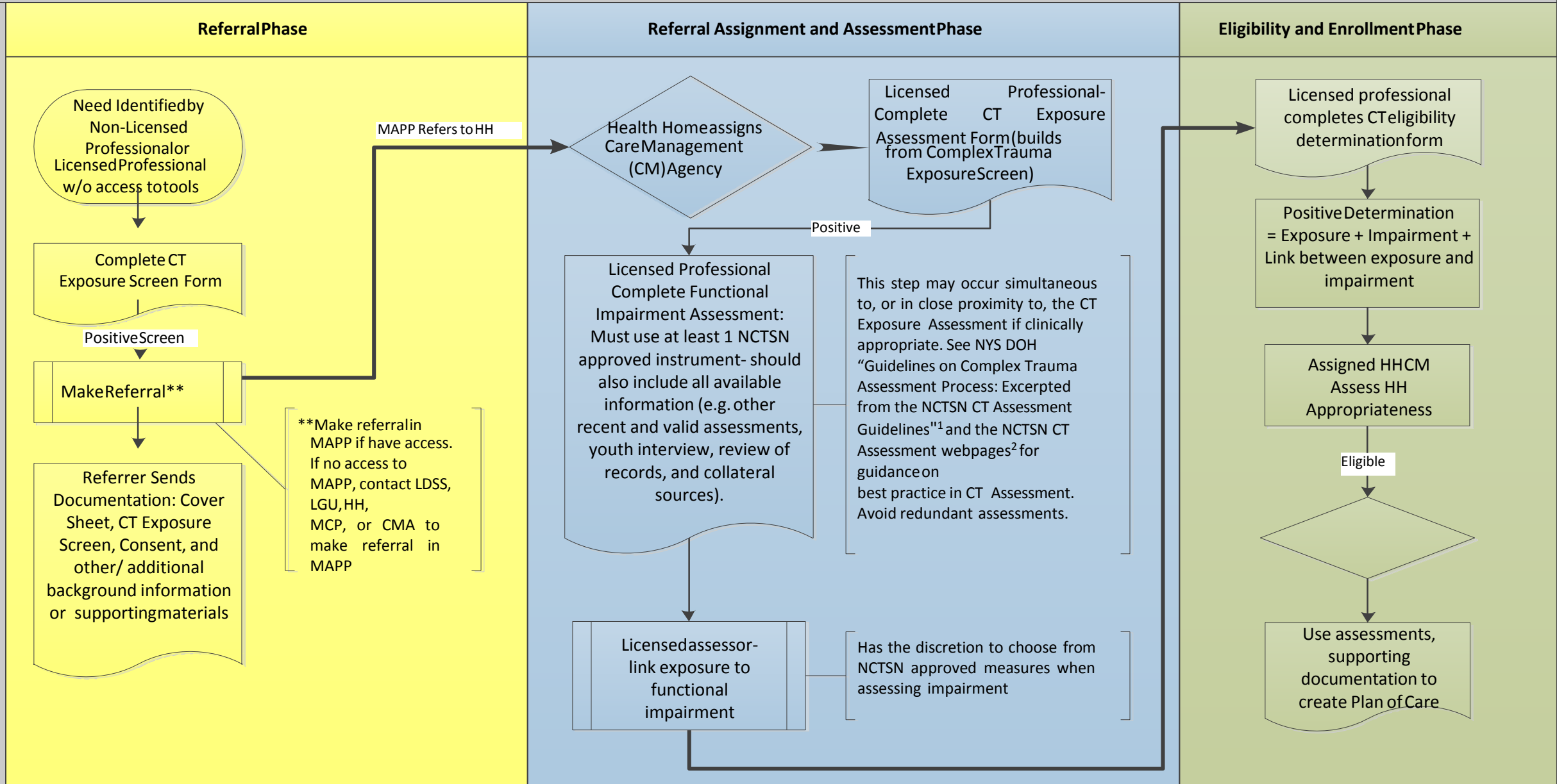
Need Identified by Non-Licensed Professional or Licensed Professional w/o access to tools

- Complete the Complex Trauma Exposure Screen
- Referral Cover Sheet
- Other family and child history and information obtained
 - If positive on the *Exposure Screen* – Referral can be made for Health Home

Eligibility determined by Licensed Professional with access to tools

- Complex Trauma Exposure Assessment Form
- Functional Impairment Assessment through the completion of the appropriate identified NCTSN guideline list of domain assessment tools
- Complex Trauma Eligibility Determination Form
- Other family and child history and information obtained
 - If positive *Determination* of Complex Trauma – then the child is eligible to be enrolled in a Health Home under under Complex Trauma single qualifying condition

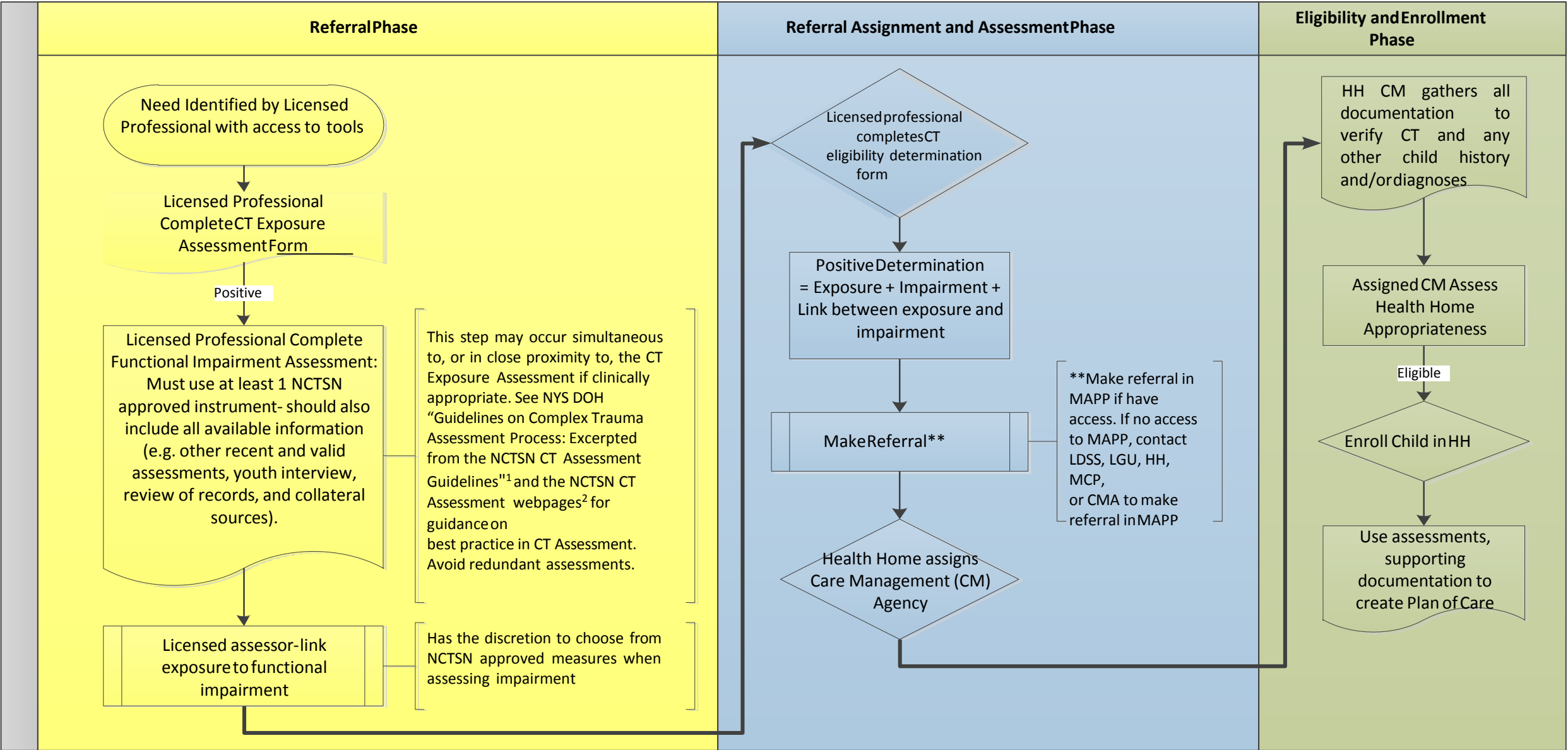
SCENARIO #1: Complex Trauma (CT) Health Home Referral Workflow



¹ https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/docs/final_guidelines_on_complex_trauma_assessment_process.pdf

² <http://www.nctsn.org/trauma-types/complex-trauma/assessment>

SCENARIO #2: Complex Trauma (CT) Health Home Referral Workflow



¹https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/docs/final_guidelines_on_complex_trauma_assessment_process.pdf

²<http://www.nctsn.org/trauma-types/complex-trauma/assessment>

Licensed Professionals who can complete the CTEA and Determination Form

- Licensed Master Social Worker, LMSW
- Licensed Clinical Social Worker, LCSW
- Psychologist
- Psychiatrist
- Licensed Psychiatric Nurse Practitioner, LNPP
- Licensed Marriage and Family Therapist, LMFT
- Licensed Mental Health Counselor, LMHC
- Pediatrician/Family Medicine Physician or Internist *with specialization in Behavioral Health*

Clinicians identified include but are not limited to employees of Licensed/Certified Article 28, 31, 32, 16 clinics. Psychologists/Psychiatrists etc. do not need to be identified as licensed as they are not professionally allowed to use the 'label' without appropriate licensure.

Role of the Health Home and CMA

Referral by the HH / CMA who is in contact with or working with the child and family:

- The HH / CMA can complete the Complex Trauma Exposure Screen and Referral Cover Sheet
- Make a referral within the MAPP HHTS an outreach segment
- Work with the child and family surrounding the HH program and the process to determine HH eligibility based upon Complex Trauma
- Identify the Licensed Professional to conduct the CT Exposure Assessment, Functionality tool and Eligibility Determination as well as consideration towards treatment

Referral by Other Service Provider:

- Referral through the MAPP HHTS made, start an outreach segment
- HH CM contacts the referral source to obtain Completed “Positive” CT Exposure Screen, Referral Cover Sheet and Other family, child history and information (Consent maybe needed for information beyond the CT Exposure Screen)
- Work with the child and family surrounding the HH program and the process to determine HH eligibility based upon Complex Trauma
- Identify the Licensed Professional to conduct the CT Exposure Assessment, Functionality tool and Eligibility Determination as well as consideration towards treatment

Questions or Concerns?

If you have additional questions about this training or technical assistance, please email us here:

HHcomplextrauma.info@nyu.edu

You can access documents here:

<http://ctacny.org/complextrauma>

Resources

General Information on Complex Trauma: <http://www.nctsn.org/trauma-types/complex-trauma>

Effects of Complex Trauma: <http://www.nctsn.org/trauma-types/complex-trauma/effects-of-complex-trauma>

Guidelines for Complex Trauma Assessment:

[NCTSN: “How to Conduct a Comprehensive Assessment of Complex Trauma” http://www.nctsn.org/trauma-types/complex-trauma/assessment](http://www.nctsn.org/trauma-types/complex-trauma/assessment)

DOH:

https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/docs/6_17_2016_guidelines_on_complex_trauma_assessment_process.pdf

Measures to Assess Complex Trauma:

<http://www.nctsn.org/content/standardized-measures-assess-complex-trauma>

Information on Adverse Childhood Events:

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

American Academy of Experts in Traumatic Stress: <http://www.aaets.org/article196.htm>

Removed: <https://www.youtube.com/watch?v=IOeQUwdAjE0>