Putting it all into context: How Behavioral Health services and HCBS operate together

Presented by Technical Assistance Training Partners
Adult BH HCBS Roadmap Partners

Center for Practice Innovations at Columbia Psychiatry
New York State Psychiatric Institute
Building best practices with you.

NYAPRS
"Partners in Recovery"

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GASA
The National Center on
Addiction and Substance Abuse

NEW YORK STATE
Office of Alcoholism and
Substance Abuse Services

NEW YORK STATE OF OPPORTUNITY.
Office of Mental Health
Training Objectives

• To provide a brief overview of the mental health and substance use disorder treatment and rehabilitation services (behavioral health) as well as the new behavioral health Home and Community Based Services

• To contextualize how to best connect an individual with the services that best fit their own identified goals and needs
Illustrations Include

- Goals/needs
- How services/programs meet those goals and needs
- Options of different services/programs
- No crisis for any examples
- For OASAS example: important to note the flow from the care manager to the provider to LOCADTR to appropriate level of care
Person-centered approach

• What have you tried before that worked well for you and what has not worked as well?
• Do you prefer to explore your options and issues individually or in a group?
• Do you like to be able to get everything you need “under one roof” “One stop shopping”?
• What kind of “setting” or “place” makes you most comfortable?
• Do you have any special needs regarding transportation to the services?
• What hours are the best for you to access services?
Maria is eligible for a HARP

Goals/needs:

• Find a part-time job
• Manage mental health symptoms
• Cut back on her drinking
Options to explore with Maria

- HCBS: Intensive Supported Employment, Empowerment Services, Psychosocial Rehabilitation
- Clinics
- PROS
- Employment Services (Non-HCBS)
- Health Home
Pierre is not eligible for HARP

Goals/needs:
- Go to college
- Find a part-time job
- Develop social skills
- Gain better control over his depression and anxiety
Options to explore with Pierre

• PROS program
• Non-HCBS Employment Services
• Clubhouse
Nancy is eligible for HARP

Goals/Needs:
• Safe housing
• Education about health conditions and importance of getting medical care
• Improve self worth and energy level
• Support to stop using cocaine and marijuana
• Employment
Options to Explore with Nancy

- Primary Care referral
- Housing programs through OASAS
- HCBS: Employment, Empowerment, Community Support and Treatment
- Clinics, PROS
Tariq is not eligible for HARP

Goals/Needs:
• Education on health conditions and the benefits of medical care
• Consider finding medical provider that will spend more time with Tariq to educate him.
• Locate substance use disorder treatment that does not interfere with job search and employment
• Assistance with obtaining employment
• Independent Housing
Options to Explore with Tariq

- Primary Care Referrals
- OASAS clinic with evening and weekend hours
- Employment Support
- Housing
- Recovery Center for Social Supports
Adult BH HCBS Designation

Changes and Manual

• Providers who are interested in becoming a new designated Adult BH HCBS provider or changing their existing designation status by:
  • Adding New Adult BH HCBS
  • Removing Adult BH HCBS
  • Inactive Status

• Should notify the state by emailing at omh.sm.co.HCBS-Application@omh.ny.gov

• Providers should also inform Managed Care Organizations of any changes to their HCBS designation.

For additional questions, please follow-up with an email to the appropriate state office:

- **OASAS**: [PICM@oasas.ny.gov](mailto:PICM@oasas.ny.gov)
- **OMH**: [OMH-Managed-Care@omh.ny.gov](mailto:OMH-Managed-Care@omh.ny.gov)