

LPHA Recommendation Form

4 STEPS



What Is The Purpose Of The Recommendation Form?

The form establishes medical necessity for CFTSS services and provides brief, but important, information to the CFTSS provider about identified needs to be addressed.

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Who Is Eligible?

To be eligible for CFTSS, a youth must be enrolled in Medicaid and between the ages of birth and 21. Those youth who would benefit from CFTSS are youth who are demonstrating an onset of behavioral health concerns requiring further assessment and treatment (OLP, CPST) and/or those youth who have a mental health diagnosis and require additional rehabilitative services (PSR, FPSS, and YPS)

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Who Can Fill Out The Form?

A Licensed Practitioner of the Healing Arts (LPHA) who is treating the youth or has conducted an assessment to determine medical necessity and identify needed services. (see page 2 for a list of qualified practitioners)

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How Do I Make A Recommendation?

Based on first-hand knowledge of the youth and family needs, identified either through the course of treatment or a completed assessment, describe the youth's areas of need on the form to demonstrate medical necessity. Document the youth's diagnosis and associated diagnosis code, if applicable. NOTE: For access to all services except OLP and CPST, the child/youth must have a behavioral health diagnosis. Submit the recommendation to the CFTSS provider.

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For more information on CFTSS including Provider Manual, Documentation Guidance, Medical Necessity Criteria and Brochures for Families etc., visit https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/proposed_spa.htm

NYS Sample LPHA Recommendation Form (NOTE: this form is an example and CFTSS agencies may use their own form)
https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/docs/example_lpha_recommendation_memo.pdf

What are Child and Family Treatment and Support Services (CFTSS)?

CFTSS are an array of therapy, rehabilitative, and peer support services available to children from birth up to 21 years of age who are Medicaid eligible. These services are intended to identify and treat mental health and/or substance use needs of varying intensity from prevention to treatment. Services are provided at home or in the community by behavioral health professionals who are experienced in working with youth and families

Who is a Licensed Practitioner of the Healing Arts?

A Licensed Practitioner of the Healing Arts (LPHA) can make a determination of medical necessity (Medical Necessity Criteria) and make a recommendation in writing for one or more of the services to a designated CFTSS provider. A LPHA can include an individual currently licensed as one of the following practitioners: Registered Professional Nurse, Nurse Practitioner, Psychiatrist, Licensed Psychologist, Licensed Psychoanalyst, Licensed Master Social Worker, Licensed Clinical Social Worker, Licensed Marriage & Family Therapist, Licensed Mental Health Counselor, Licensed Creative Arts Therapist, Physician Assistant or Physician.

What type of Child and Family Treatment and Support Services are available?

- **Other Licensed Practitioner (OLP)** – provides individual, group, or family therapy in the home or in the community for a child/youth who has or may be at risk of a mental health or substance use diagnosis.
- **Community Psychiatric Supports and Treatment (CPST)** - maintains children/youth in their home and community, by helping to improve communication and interactions with family, friends and others for a child/youth who has or may be at risk of a mental health or substance use diagnosis.
- **Psychosocial Rehabilitation (PSR)** – helps the child/youth relearn skills to help support the child/youth in their home, school and community. The child/youth must have a mental health or substance use diagnosis to receive this service.
- **Family Peer Support Services (FPSS)** – an array of formal and informal activities and supports provided to families caring for/raising a child who is experiencing social, emotional, medical, developmental, substance use, and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength based relationship between a Family Peer Advocate (FPA) and the parent/family member/caregiver for the benefit of the child/youth.
- **Youth Peer Support (YPS)** – formal and informal services and supports provided to youth, who are experiencing social, medical, emotional, developmental, substance use, and/or behavioral challenges. YPS services are provided by a Youth Peer Advocate (YPA) to ensure the youth is engaged and actively participating in the treatment planning process and the ongoing implementation and reinforcement of skills.