



To: NYS Mental Health Outpatient Treatment and Rehabilitative Services (CMHRS)/ Clinic Providers

Re: Updated MHOTRS Guidance Document

Date: May 21, 2025

To update and clarify information, the Office of Mental Health (OMH) is reissuing a revised version of the MHOTRS Guidance document. For ease of review, major edits are outlined below.

**Edits Made to the MHOTRS Guidance:**

| Reference  | Description of Edit   |
|--|---|
| <b>Co-occurring Mental Health and Substance Use Requirements:</b> <ul style="list-style-type: none"><li>• ‘Co-occurring Substance Use’ added throughout document</li><li>• pg. 12 - (MAT)</li><li>• pg. 26 - (Co-Enrollment between MHOTRS and other programs - Substance Use Disorder (SUD) Treatment/OASAS Licensed Outpatient Programs)</li><li>• pg. 33 - (P&amp;Ps)</li></ul> | Additional guidance provided to expand upon existing requirements to support individuals with co-occurring needs specific to mental health and substance-use disorders. |
| <b>Pg. 8 – (Assessment)</b>  | To minimize confusion, additional language added to clarify existing assessment requirements.   |
| <b>Pg. 10 – (Crisis Services)</b>  | Expands on current service allowances and differentiates service types (crisis brief, complex, and per diem).   |
| <b>Pg. 13 – (Psychotherapy – Family and Group)</b>   | NEW subsections for family and group under Psychotherapy added.   |
| <b>Pg. 27 - (Satellites)</b>   | NEW section added to clarify current requirements associated with MHOTRS Satellite operations including School-Based Mental Health Clinics.                             |
| <b>Pg. 33 – (Staff Competency)</b>   | In response to frequency asked questions, guidance added to inform staff competency.  |
| <b>Pg. 33 – (Access to Care)</b>   | NEW subsection to address access to required services and expectations related to hours of operation.   |
| <b>Pg. 45 – (Premise)</b>  | General language added related to program space.  |